Year 1			
	Topic		**Lessons**
Term 1 - How can I be a good friend?			
	Healthy Relationships		What makes a good friend?
	Healthy Relationships		What does it mean to be kind? (In and outside of school)
	Healthy Relationships		How does my behaviour impact others? (Positive behaviours)
	Healthy Relationships		What makes a bad friend?
	Healthy Relationships		What does it mean to be unkind? (In and outside of school)
	Healthy Relationships		How does my behaviour impact others? (Negative behaviours)
	Healthy Relationships		What can I do if I fall out with someone? (Conflict Resolution - why apologising is important)
Term 2			
	Health & Wellbeing		What does it mean to be healthy?
	Health & Wellbeing		Why is it important to be healthy?
	Health & Wellbeing		What can we try do everyday to help us keep healthy?
	Health & Wellbeing		What are healthy foods?
	Health & Wellbeing		What are unhealthy foods?
	Health & Wellbeing		Why is exercise important?
	Health & Wellbeing		Who can help me keep healthy? (Parents, Carers, Doctors, Nurses, Teachers, Lunch Supervisors)
Term 3			
	Living the Wider World		What is a community?

		Living the Wider World	What rules do we have in different communities? (School community)
		Living the Wider World	Why do we have rules in a community? (School community)
		Living the Wider World	How can we care for things in our community? (Environment)
		Living the Wider World	How can we care for things in our community? (People)
		Living the Wider World	Why might people in a community have different needs?

Term 4 - What is a Family?

		Healthy Relationships	What makes a family?
		Healthy Relationships	What are different family types?
		Healthy Relationships	What are different family types?
		Healthy Relationships	What are the roles of my family members?
		Healthy Relationships	How can my family help me?
		Healthy Relationships	What can I do if I'm worried about my family? (Safeguarding)

Term 5

		Living the Wider World	What jobs do people have around me? (Parents / Carers / Teachers / Family)
		Living the Wider World	What different jobs are out there? (inclusivity & breaking stereotypes)
		Living the Wider World	What different jobs are out there? (inclusivity & breaking stereotypes)
		Living the Wider World	What skills do I have?
		Living the Wider World	How can I learn a new skill?
		Living the Wider World	What skills do different jobs need?

		Living the Wider World		Drawing my future - career / job focused
Term 6 - What are my rights to privacy?				
		Healthy Relationships		What is privacy? (Including parts of the body)
		Healthy Relationships		What are different types of touch & how do they make us feel? (Hugging, kissing, tickling, punching etc)
		Healthy Relationships		When might touching make me feel uncomfortable? (NSPCC No touching resource)
		Healthy Relationships		How can I respond if I don't feel comfortable certain touch?
		Healthy Relationships		How do I know if I've hurt someone?
		Healthy Relationships		How can I respond if I've hurt someone?
		Healthy Relationships		How can I prevent hurting someone? (Year 1 version of consent)