

<b>Year 6</b>			
		<b>Topic</b>	<b>Lessons</b>
<b>Term 1</b>			
		Health & Wellbeing	What is mental health?
		Health & Wellbeing	What can I do to manage my feelings?
		Health & Wellbeing	Why are feelings often helpful? (Why is it okay to be sad / angry / anxious sometimes)
		Health & Wellbeing	How can I deal with change? (Emotions during life events - divorce)
		Health & Wellbeing	How can I deal with change? (Emotions during life events - grief)
		Health & Wellbeing	How can I deal with stress? (Emotions during life events - SATs / Assessments)
		Health & Wellbeing	Why is it important that I seek help if I'm struggling?
<b>Term 2 - What is Peer Pressure?</b>			
		Healthy Relationships	What is a healthy & unhealthy friendship?
		Healthy Relationships	What is peer pressure?
		Healthy Relationships	What is consent? (Focus on if you pressure someone & they agree this is not them giving consent)
		Healthy Relationships	What is the shared responsibility of an action where someone has been pressured?
		Healthy Relationships	What are the implications of peer pressure? (In person & online)
		Healthy Relationships	How can I respond to peer pressure?
		Healthy Relationships	How can I get advice or report concerns of peer pressure if I feel unsafe? (Include online)
<b>Term 3</b>			
		Living the Wider World	E-Safety - Who is on the internet? (strangers)

[illegible]

		Living the Wider World		SATS Support
<b>Term 6</b>				
		Transition Support		How can I have the best start in Secondary School?
		Transition Support		What is different between Primary & Secondary School?
		Transition Support		Arrange visit from Phase Leader / Teachers / College Managers from Secondary School
		Transition Support		Arrange visit from Phase Leader / Teachers / College Managers from Secondary School
		Transition Support		How can I manage my feelings and emotions during the transition?
		Transition Support		How can I make new friends at Secondary School?
		Transition Support		How might relationships change as we grow up or move to Secondary School?