

PE Curriculum Overview

	Autumn		Spring		Summer	
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Describe change after being active Use small and large equipment Move with control and coordination Awareness of space Move with confidence and imagination Travel around, under, over, through Handle materials with safety and control					
Year 1	Athletics Running, jumping, throwing <i>Coordination and movement</i>	Balance and agility Dance <i>Coordination and movement</i>	Invasion Games Netball <i>Passing and receiving</i>	Invasion Games Football <i>Coordination and movement, passing and receiving, running</i>	Racket sport Tennis <i>Coordination and movement</i> Ball striking	Striking and fielding sport Cricket <i>Throwing and catching</i> Ball striking
Year 2	Athletics Running, jumping, throwing <i>Coordination and movement</i>	Balance and agility Gymnastics Balancing <i>Coordination and movement</i>	Invasion Games Netball <i>Coordination and movement, passing and receiving</i>	Invasion Games Football <i>Coordination and movement</i> Passing and receiving	Racket sport Tennis <i>Coordination and movement, striking</i>	Striking and fielding sport Cricket <i>Throwing and catching, ball striking</i>
Year 3	Athletics Running, jumping, throwing <i>Coordination and movement</i>	Balance and agility Dance <i>Coordination and movement</i>	Invasion Games Netball <i>Coordination and movement, passing and receiving</i>	Invasion Games Football <i>Coordination and movement, passing and receiving</i>	Racket sport Tennis <i>Coordination and movement, striking</i>	Striking and fielding sport Cricket <i>Throwing and catching, ball striking</i>
Year 4	Athletics Running, jumping, throwing <i>Coordination and movement</i>	Balance and agility Gymnastics Balancing <i>Coordination and movement</i>	Invasion Games Basketball <i>Coordination and movement, passing and receiving</i>	Invasion Games Hockey <i>Coordination and movement, passing and receiving</i>	Racket sport Badminton <i>Coordination and movement, striking</i>	Striking and fielding sport Rounders Throwing and catching, ball striking
Year 5	Invasion games Football	Balance and agility Dance	Invasion Games Netball	Gymnastics	Net and wall games Tennis	Athletics



Empathy		Honesty		Respect		Responsibility	
	Running, jumping, throwing <i>Coordination and movement</i>	<i>Coordination and movement</i>	<i>Coordination and movement, passing and receiving</i>	<i>Coordination and movement, passing and receiving</i>	<i>Coordination and movement, striking</i>	Cricket <i>Throwing and catching, ball striking</i>	
Year 6	Athletics Running, jumping, throwing <i>Coordination and movement</i>	Balance and agility Gymnastics <i>Balancing</i> <i>Coordination and movement</i>	Invasion Games Basketball <i>Coordination and movement, passing and receiving</i>	Invasion Games Hockey <i>Coordination and movement, passing and receiving</i>	Racket sport Badminton <i>Coordination and movement, striking</i>	Striking and fielding sport Rounders <i>Throwing and catching, ball striking</i>	

Empathy

Honesty

Respect

Responsibility